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HOLLYWOOD'S GOLDEN GIRLS COME OUT TO SHINE AT THE 72ND ANNUAL AWARDS SHOW IN LOS ANGELES, AND METRO HAS ALL THE COVERAGE FROM THE RED CARPET TO THE PODIUM

PAGES 13 & 14

World unites against terror

Paris

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‘Lies’ thwart custody bid; Jamaica stories vex judge

Court. Paul Martin was acquitted after his wife was found with her neck slashed

Cathy Clayson leaves the Oshawa courthouse on May 23, 2014.
TORSTAR NEWS SERVICE

An Ontario Superior Court judge has added another layer of confusion to an Ajax couple’s story of a 2010 throat-slashing incident while on vacation in Jamaica, pushing their legal battle into the Court of Appeal.

With their marriage on the brink of collapse, Paul Martin and Cathy Clayson travelled to Montego Bay in late 2010. The trip was tense, the court heard. Clayson, a bank manager, had wanted out of their marriage; Martin, a schoolteacher, clung to hopes of staying together.

On their last day in Jamaica, the couple followed an isolated road in their rental car to take pictures from a cliff.

There, Clayson alleges, Martin slashed her throat with a hooked gutting knife before strangling her and leaving her for dead. Martin, now 47, maintains that Clayson, 38, attacked him first and injured herself in the resulting melee and fled. Clayson was left with a 10-cm gash across her neck.

Martin, who spent four months in Jamaican jail awaiting trial, had at first told Jamaican police that he and Clayson had been robbed — a story that Clayson admits to having concocted in the aftermath of the scuffle. A Jamaican jury acquitted Martin of “wound with intent” following an 11-day trial in late 2011.

The knife was never recovered.

Now, after a prolonged legal battle at the Ontario Superior Court in Oshawa, a judge has declared that he has no idea what transpired along that dirt road in Jamaica on the afternoon of Dec. 23, 2010.

“I cannot find, even on a balance of probabilities, that the respondent (Martin) attacked the applicant (Clayson) ... If anything, the evidence tilts in the opposite direction,” Justice Roger Timms wrote in his Dec. 30 decision.

“The parties have both told too many lies. They have both distorted and exaggerated the truth too often. They have both said too many nonsensical and illogical things.”

Martin declined to comment for this story; so, too, did Clayson and her lawyers.

Clayson had brought her estranged husband to the civil court last year to seek the justice she believed she had been denied in Jamaica. In addition to a divorce, she sought more than $300,000 in damages, custody of their children (aged nine and six), an end to Martin’s access to the children and a declaration from the court stating that Martin had attempted to murder her that day four years ago.

The judge declined to make that declaration or grant the damages Clayson sought. With Timms unable to come to a conclusion about what transpired between Clayson and Martin, he ruled that while Clayson should have sole custody of the couple’s children, Martin should also be granted equal and unsupervised access. A prior court order had allowed Martin only limited supervised access to the children.

The 20-day trial in Oshawa, which took place between May and July, was at times both emotional and bizarre. Martin opted to represent himself, which made for a tense spectacle as he cross-examined Clayson — the first time the two had spoken since the month of the alleged attack.

In another strange move, Justice Timms made an order on Dec. 23 to give Martin unsupervised access of the children between Dec. 26 and Dec. 31. Martin had not requested this. Clayson’s lawyers immediately demanded a stay on that order.

The judge who stayed the ruling said Timms’ order was a “profound violation of natural justice.”

Despite Clayson’s testimony, Timms’ decision stated that nothing pointed to there being a premeditated attack.

Clayson’s lawyers filed a motion on Dec. 29 asking Timms to declare a mistrial on the basis of procedural unfairness, an unfair hearing and reasonable apprehension of bias. With the motion being filed a day before the final judgment was released, nothing came of the motion.

At a glance

Citing a fear for her children’s safety, Cathy Clayson has now retained Marie Henein, the high-profile lawyer defending disgraced CBC host Jian Ghomeshi, to argue an appeal. A notice of appeal was filed on Jan. 5 and a hearing has been scheduled for later this month to determine whether or not the judge’s decision should be stayed pending appeal.

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T.O. expects strong 2015

Report. Economic snapshot says city looking good despite some 'warning signs'

JESSICA SMITH CROSS
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This will be a good year for Toronto's economy, according to a report due out of city hall this week.

"We're confident that this city's economy is strong and doing well, and we can look forward to having a strong economy through 2015, but there are some warning signs," said Michael Williams, the city's general manager of economic development and culture.

"Everyone says we can't keep going on this construction boom and housing boom.

"There are some indications that it's starting to slow — there are not as many building permits as we've had in the past, but it's not a precipitous plummet, either."

An economic update is headed to a city committee next week. It shows slowing housing starts and a dip in the value of building permits might be the start of a "soft landing" for the housing market, which Williams said isn't "an unwelcome development."

A soft landing is a situation where prices, sales and new builds cool slowly. A crash is the other option, which some have predicted, Williams noted.

On other fronts, the number of Torontonians receiving employment insurance is down and bankruptcies are low.

Retail sales, meanwhile, held steady in 2014 and jumped at some points.

According to the report, sales grew by 8.2 per cent in October alone when compared to 2013, surpassing the Canada-wide figure of 4.7 per cent.

The Toronto jump was seen mostly by convenience stores and places that sell electronics and appliances.

Dropping oil prices — the total effect of which remains unknown — may help strong retail sales continue and provide other economic benefits to Toronto.

"Low oil prices mean a low value for the dollar, which makes our exports more competitive outside of Canada, so more people will be buying products made in Ontario," Williams said.

"It reduces one of the input costs for many of our manufacturers and businesses, so businesses will have savings due to lower oil prices.

"And, if you're not spending money (on gas) as a consumer you're more likely to spend it, locally. That could be in effect positive for retail sales in Toronto."

Follow Jessica Smith Cross on Twitter @jessiecatherine

Jobs

What about unemployment?

Toronto's unemployment rate has dropped over recent months and is under eight per cent, according to the city's data.

But it is still relatively high when compared to other areas in Ontario and across Canada.

"It's been like that for 20 years," said Michael Williams, the city's general manager of economic development and culture.

Toronto is a magnet for several groups who tend to have more trouble finding employment, said Williams: students, new immigrants, and those, especially the elderly, who are attracted by the city's health and social security networks.

"We have a goal to keep up with the 905 in our rates, but we're struggling to do that," he said.

Preacher suspected in sex assaults back at work

Parishioners arrive at The Prayer Palace on Sunday, where embattled preacher Paul Melnichuk conducted his first prayer service since he was charged with sexual assault. Melnichuk summoned his followers to pray for his legal team after an admittedly "bumpy week" — before encouraging them to donate as usual to the church. "I want you to know today that not one of those charges are true," he said, prompting congregants to shout out in support, some yelling "Hallelujah." TARA WALTON/TORSTAR NEWS SERVICE

Hundreds support Paris in rally

Nathan Phillips Square. Mayor, finance minister address crowd

GILBERT NGABO
gilbert.ngabo@metronews.ca

Laurine DeGraeve, right, and her friend Faith Carriere hold a French flag at a rally in support of the victims of the Paris terror attacks at Nathan Phillips Square on Sunday. DAVID VAN DYKE/METRO

Laurine Degraeve grew up in Paris, regularly reading Charlie Hebdo. She can't wait for the satirical magazine to hit the newsstands again.

"Everyone at home loves Charlie Hebdo," she said Sunday afternoon as she held the tri-coloured French flag at Nathan Phillips Square. Many of her family members were demonstrating in Paris the same day, she said.

"All of us were shocked by this kind of violence."

She was one of hundreds of other people gathered at the square to pay tribute to the victims of last week's Paris attack.

It's a big challenge for the young generation to grow up in times of terrorism, said Degraeve, 21, currently studying in Montreal. Those terrorists are using the name of religion to commit these awful acts of violence, and the young people need to show their opposition to such beliefs, she said.

"As young people, we need to talk more and be more educated about these issues," she said. "We need to be able to respond to these acts of terrorism with force and determination to end violence anywhere in the world."

Youth should learn to fight against fundamentalism in any kind of religion, said Tigist Wondimagegnehu of Toronto, as she finished writing in the book of condolences at the rally.

"People need to learn to be tolerant, and accept that whomever does not agree with you can live and be free, as well," she said. "If young people grow up with that mentality, the future will be good."

Many people gathered at the square had signs reading Je Suis Charlie. One young child's sign read Liberté de pensée (freedom of thought), Liberté de parole (freedom to speak), Liberté de dessin (freedom to draw).

One woman was waving a pencil as the crowd sang in solidarity for the people of France. "I don't like that newspaper because I find it a little too vulgar," she said in French. "But nothing can justify the violence against these journalists."

Both Mayor John Tory and Finance Minister Joe Oliver delivered messages of solidarity with France, and the determination to defend the values of liberty and freedom of expression.

Careers. George Brown launches job search tool

It's hard to make up one's mind about a career choice. It can be even harder to know which school programs may lead to that chosen career.

Enter George Brown's latest innovation, Career Coach.

"This is an online tool that provides information for prospective students for what careers are hot in the labour market, and what program they need to take in order to enter into those careers," said Robert Luke, the college's vice-president of research and innovation.

"Our aim through this Career Coach is to help students decide what they want to be and what they want to do."

Launched last week, this user-friendly online platform provides access to up-to-date labour market information for the GTA, such as salaries, employment growth projections and job postings, said Luke.

Through this application, George Brown is looking to help students make informed decisions when choosing their fields of study anywhere in the GTA, as well as reducing the unemployment gap by properly directing people to where the jobs are.

"There was a recent debate in Canada about effective labour market information, and the idea that there are people without jobs and jobs without people," said Luke.

Economic Modeling Specialists International (EMSI) developed the application for George Brown, with data coming from Statistics Canada and job openings from indeed.com.

It garnered great interest from the start, getting more than 600 visits within 24 hours of its launch, with an average of nine minutes per visit.

GILBERT NGABO/METRO

Quoted

"Our aim ... is to help students decide what they want to be and what they want to do."

Robert Luke, VP research and innovation, George Brown

A screenshot from PuppySwap.ca. SCREENSHOT

Pets. Prank ad highlights abandonment problem

Make a new best friend again and again, the ads for PuppySwap say, claiming to be the world's first puppy subscription service.

It's as easy as logging onto an app, choosing the breed you want, and when the pooch grows up and loses its puppy charm, just log back in and "swap" your old dog for a brand new one.

If any of you are getting the impression this service is real, it's not.

It's a new prank advertising campaign launched Friday by the Toronto Humane Society, bringing to light the very real issue of pet abandonment in Canada.

To make the fake startup appear convincing, the humane society created a YouTube video, social media buzz, and a web page. However, when a user clicks on the sign-up tab, the real message pops up on the site.

According to humane society data, more than 180,000 pets are surrendered to shelters in Canada each year, and 40 per cent of these pets die in the system.

IRENE KUAN/METRO

Demand high for magazine

T.O. stores scrambling to stock Charlie Hebdo. Before attack at French publication, only one store in Ontario carried copies

ROSEMARY WESTWOOD
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One million copies of the French satirical magazine Charlie Hebdo will flood newsstands around the world this week, but Torontonians will have to wait until the end of the week to buy one.

Demand has soared for the magazine's next edition, due to come out Wednesday — exactly a week after two gunmen stormed its Paris office and killed 12 people, including police officers and the magazine's editor. The attackers were killed in a shootout with police two days later.

Normally, only 100 copies of Charlie Hebdo's 100,000 print run find their way to Canada each week, through distributor LMPI. A mere seven are generally sold in Toronto — at the Gateway Newsstands store at Yonge Street and St. Clair Avenue.

The other 93 are sold in Quebec.

This week, Gateway is hoping for 30 copies, said Ron De Guzman, the store's magazine manager. Copies of the current edition arrived Jan. 7, the same day as the shooting, and quickly sold out, he added.

The distributor, meanwhile, has "asked for as many as we can possibly get," said Louis-Philip Vermeersch, national sales director with LMPI.

"There's a big demand right now," he said. "I think there's a big wave of solidarity."

LMPI is waiting to find out just how many copies it will receive, and Vermeersch said it's likely they will be sold in more than one Toronto store, perhaps at the airport and at other major newsstands.

Indigo is asking for copies, public relations manager Katie Gregory said. The bookstore also carries a number of Charlie Hebdo anthologies, she said.

Whichever stores luck out with a few copies, Vermeersch said Friday will be the earliest they're available in Canada.

As for libraries, the nearest one that has copies of Charlie Hebdo is at Michigan State University in East Lansing, Mich., according to a search done by staff at Toronto's reference library.

Wednesday's edition is being produced by surviving staff with financial aid and support from other French media, Charlie Hebdo's lawyer Richard Malka told Agence France-Presse. He also said the magazine will run eight pages, half its normal size.

Getting your hands on a copy of Charlie Hebdo — like the ones held by mourners in Paris on Thursday — could prove tough in Toronto this week. GETTY IMAGES

Soaring value

Past issues of Charlie Hebdo were listed on eBay for as much as $130,000 in the wake of last week's attack.

If there is a situation that requires emergency medical, police or fire services, press the yellow emergency alarm strip. There is a $500 fine for misuse of the emergency alarm.

For more information, visit ttc.ca

TORONTO TRANSIT COMMISSION

2014. 300 breaches of privacy reported last year

The federal government reported 300 breaches of Canadians' private information in 2014, including a dramatic robbery of a courier truck carrying passports in Venezuela last November, Torstar News Service has learned.

A courier truck leaving the Caracas airport was held at gunpoint on Nov. 11. Two packages containing 61 visa decision letters, including passports, were among the contents stolen.

Citizenship and Immigration Canada, the department transferring the passports from the visa office in Mexico City to Caracas, informed the privacy commissioner of the breach on Nov. 26 according to documents obtained under access to information law.

The robbery was one of the more dramatic incidents among privacy breaches reported to Ottawa's privacy watchdog by federal departments and agencies in 2014.

The Caracas robbery was the second theft of personal information to be reported last November. On Nov. 6, Employment and Social Development Canada reported the loss of 19 applications for funding under the New Horizon for Seniors program.

TORSTAR NEWS SERVICE

Khaled Al-Qazzaz

Canadian jailed in Egypt released

An ailing Canadian resident imprisoned in Cairo for more than a year has been released from custody.

Khaled Al-Qazzaz, a 35-year-old University of Toronto engineering graduate, is a former aide to ousted president Mohammed Morsi.

He was arrested along with Morsi and eight other aides in July 2013 when the Egyptian military removed the president from office.

Egyptian authorities neither charged him nor explained why they arrested him. THE CANADIAN PRESS

Without Macdonald, Canada 'simply would not exist': PM

Kingston, Ont. 200th anniversary of Sir John A. Macdonald's birthday celebrated

Canadian Transport Minister Lisa Raitt, left, and Canada Post CEO Deepak Chopra take part in the unveiling of a stamp of Sir John A. Macdonald during a ceremony at Kingston City Hall to mark the bicentennial of the birth of Canada's first prime minister. FRED CHARTRAND/THE CANADIAN PRESS

Stephen Harper paid tribute to the country's first prime minister Sunday, marking the 200th anniversary of the birth of Sir John A. Macdonald by saying the Scots-born politician "forged Canada out of sheer will."

"Never forget, there was nothing certain or inevitable about what Macdonald and his fellow fathers of Confederation accomplished. It was in fact remarkable," Harper told a room full of dignitaries — including two former prime ministers — under tight security at the historic city hall in Kingston, Ont.

"Without Sir John A. Macdonald, Canada as we know it — the best country in the world — simply would not exist," Harper said to applause.

Macdonald's political career as a Kingston alderman began the year the cornerstone of Kingston City Hall was laid, 1843, and after his death the first prime minister of Canada lay in state in the same room where Harper delivered his remarks.

The Royal Canadian Mint showed off the template of a new Macdonald $2 toonie, and a refurbished portrait of Sir John A. was unveiled.

It was a decidedly non-partisan event — with former Liberal prime minister John Turner and Progressive Conservative Kim Campbell in attendance — but Harper's comments dovetailed with his Conservative party election message this year that Liberal Leader Justin Trudeau is unready to govern despite his lineage and high-profile name.

"Nation-building is never complete," said Harper, noting the "challenges and opportunities" are even greater as Canada approaches its 150th birthday.

The bicentenary of Macdonald's birth has spurred a fresh round of historical review and research, including some unflattering depictions of Macdonald's policies and attitudes toward Canada's First Nations.

He helped implement and defended the residential schools system in the 1880s, the impacts of which remain felt to this day. THE CANADIAN PRESS

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Hundreds of thousands march in Paris on Sunday in a massive show of unity and defiance in the face of terrorism acts that killed 17 people. Officials said it was the largest demonstration in French history. LAURENT CIPRIANI/THE ASSOCIATED PRESS

Millions attend biggest rally in France's history

'Our entire country will rise.' More than three million unite, march across France in solidarity against terrorism

Masses of people joined with world leaders to fill Paris streets Sunday in a rally for unity officials said was the largest demonstration in French history. Hundreds of thousands more marched in cities around the country and the world to repudiate a three-day terror spree around the French capital that killed 17 people and left the three gunmen dead.

Their arms linked, more than 40 world leaders led the sombre procession — Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas; Ukrainian President Petro Poroshenko and Russian Foreign Minister Sergey Lavrov — setting aside their differences for a demonstration French President François Hollande said turned the city into "the capital of the world."

People streamed through the streets behind them and across France to mourn the victims of the deadly attacks on satirical Charlie Hebdo newspaper, a kosher supermarket and police officers — violence that tore deep into the nation's sense of wellbeing some compared to 9/11 in the U.S.

"Our entire country will rise up toward something better," Hollande said.

The French Interior Ministry said it's hard to calculate the exact number of demonstrators, but more than three million are projected to have marched across France.

"The terrorists want two things: They want to scare us and they want to divide us," French Foreign Minister Laurent Fabius said. "We must do the opposite: We must stand up and we must stay united."

THE ASSOCIATED PRESS

Paris. Video of ISIL gunman emerges online

Two days after his death, a video emerged Sunday of one of the Paris gunmen pledging allegiance to the Islamic State of Iraq and the Levant (ISIL) while his two fellow militants had claimed to be from al-Qaida — a fiercely rival extremist organization.

That seeming contradiction has raised questions about the connections among the three French attackers, whether they acted with the direct involvement or knowledge of the networks, and whether their friendship allowed them to put aside the rift between the groups.

ISIL does not co-operate with al-Qaida's militants and actually fights them for territory in a side conflict of Syria's civil war.

In video verified by the SITE Intelligence Group, Amedy Coulibaly said he had worked in co-ordination with Said and Cherif Kouachi, the "brothers from our team," who carried out the massacre at the satirical newspaper Charlie Hebdo on Wednesday.

"We did things a bit together and a bit apart, so that it'd have more impact," he said in fluent French, adding that he had helped the brothers financially with "a few thousand euros" for the operation.

The video — which showed Coulibaly doing pushups and featured automatic rifles, pistols and ammunition and the black-and-white flag used by many Islamic militants — appeared Sunday online. Police said they were investigating the conditions under which the video was posted.

Prosecutors said Coulibaly killed four hostages Friday in the supermarket, killed a policewoman, and shot and wounded a jogger. He died when police stormed the market, minutes after security forces killed the Kouachi brothers.

French police and judicial officials said they believed that while Coulibaly was committed to carrying out an attack, he was less of a strict ideologue or well-honed fighter than were the Kouachis — and could have found inspiration from either al-Qaida or ISIL.

Later in the video, Coulibaly called on others to carry out new attacks. THE ASSOCIATED PRESS

AirAsia Flight 8501

Divers recover first black box from plane's wreckage

Divers retrieved one of the black boxes Monday local time from the AirAsia plane that plummeted more than two weeks ago into the Java Sea, a major breakthrough in the slow-moving hunt to recover bodies and wreckage.

The flight data recorder was found under part of the plane's wing and brought to the surface, said Henry Bambang Soelistyo, head of the national search and rescue agency.

Divers began zeroing in on the site a day earlier after three Indonesian ships picked up intense pings from the area.

The black box was found lodged in debris at a depth of about 30 metres.

Searchers will continue to scour the seabed to try to locate the other black box, the cockpit voice recorder.

They are vital to understanding what brought Flight 8501 down on Dec. 28, killing all 162 people on board. THE ASSOCIATED PRESS

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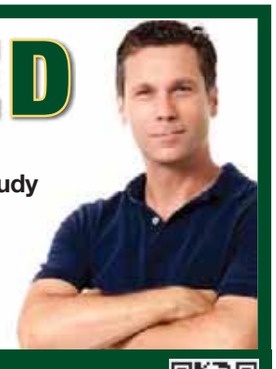

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Cheap gas good for tourism: Industry

More bang for their buck. Tourism operators may use lower loonie to bring more Americans to Canadian roadways

Falling gas prices and a weakening loonie are raising hopes within Canada's tourism industry that 2015 will be a banner year.

Ian Jack, a spokesman for the Canadian Automobile Association, says if the price at the pumps holds until the spring, he expects an increase in the number of people travelling by car this year. According to the CAA, the national average price of gas hit a high of $1.39 a litre last June. On Friday, that average was 92 cents a litre.

Only 14 per cent of about 1,000 CAA members surveyed said they planned to drive more during the recent Christmas holidays. But Jack said most people don't like to drive in the winter and he expects those numbers will rise during the warmer months.

"If we continue to see low prices into the spring and summer we do expect a significant uptick in car vacations in Canada," he said.

Statia Elliot, director of the school of hospitality, food and tourism management at the University of Guelph, agrees.

"I think with the way the dollar is and the way gas prices are, we're going to see good, strong demand for summer vacations," she said, adding that cost is one of the top factors people consider when deciding to travel.

"Three-quarters of what we call tourism is generated by our own Canadian travel, and with low gas prices that will encourage more people to get in the car and travel closer to home," she said.

Elliot said that, while Americans likely aren't watching the loonie, smart tourism operators will use their marketing savvy to encourage Americans to come to Canada. THE CANADIAN PRESS

the number of people travelling by car this year, raising hopes within Canada's tourism industry that 2015 will be a banner year. MICHELLE SIU/THE CANADIAN PRESS

Other side of the coin

Falling price hits oilpatch

When it comes to figuring out how much pain tumbling crude prices are going to inflict on the oilpatch, one investment strategist says it's not so much a question of how low oil will go, but of how low for how long. "You don't really know at this point how it's going to turn out," said Kara Lilly, with Mawer Investment Management in Calgary.

A barrel of U.S. benchmark crude oil settled at $48.36 US on Friday, less than half of where it was just six months ago. The price weakness has already caused widespread cuts in the oilpatch, with drilling budgets being sliced. The spectre of job losses looms.

THE CANADIAN PRESS

New media outlets shaking up political reporting

A slightly fuzzy, zoomed-in screen grab from question period took a brewing controversy for Environment Minister Leona Aglukkaq, and crystallized it into a tale of callous indifference.

"Leona Aglukkaq reads newspaper, ignores questions about people looking for food in dump," read the headline last month by Press Progress, a social-media focused news organization funded by the Broadbent Institute.

From there the story was touched on by mainstream news organizations, who appeared to miss the fleeting visual during the House of Commons broadcast.

Press Progress is snarky, easy-to-read, unabashedly left-wing and opinionated, and part of a new group of digital media organizations covering politics on Parliament Hill. Vice, The Tyee, the Vancouver Observer, and rabble.ca now have correspondents in Ottawa. The digital outlets iPolitics and Huffington Post were the first of the new wave.

Quoted

"The mainstream ... media tend to run in packs still. They accept certain kinds of frames, whether it's the narrative provided by government or the narrative provided by some dominant figures in the gallery."

Fred Fletcher, professor emeritus, York University's Communication and Culture program.

In the United States, such news sites as Politico, Talking Points Memo, Roll Call and Buzzfeed Politics have been making their mark for years.

The new Canadian players with different funding models are filling in some of the empty chairs in the press gallery left by shrinking traditional media outlets. And they're challenging some of the notions about what political reporting looks like.

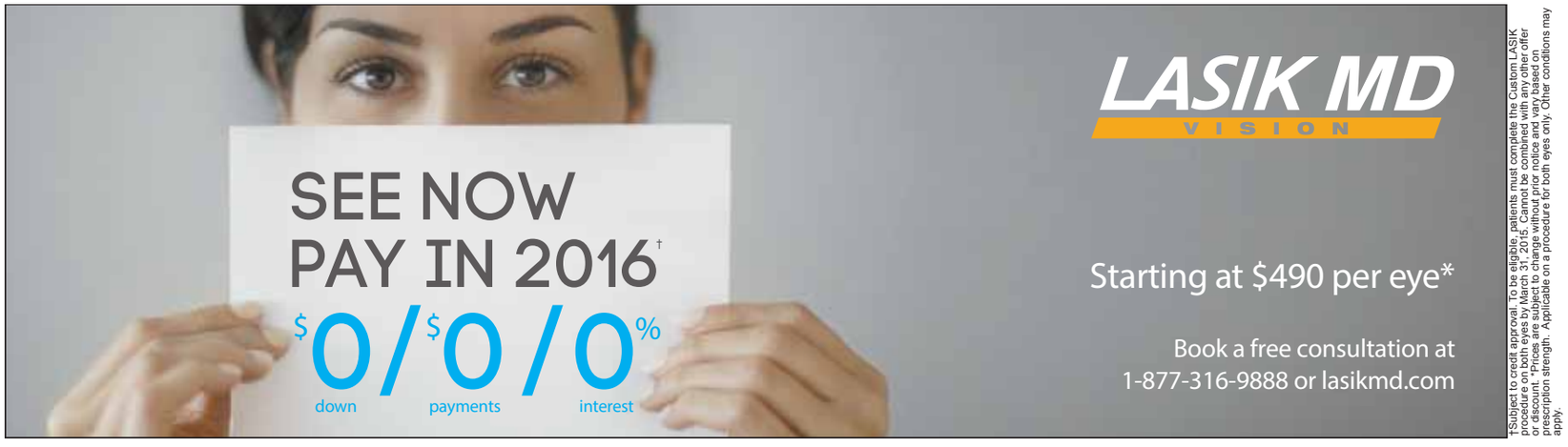
In the case of Press Progress, the content could be dismissed as NDP partisan advertising. The Broadbent Institute is directly associated with the party.

Founding editor Sarah Schmidt, a former national reporter with Postmedia News, says there is nothing in the content that is partisan, and accuracy is still a central tenet. The outlet is run independently of the institute.

The new outlets aren't just altering the media landscape on Parliament Hill, but ultimately also the larger political communications context. Parties are already grappling with how to reach audiences, which are more fragmented and less loyal.

New digital publications — especially those that might be reaching regional audiences and have a strong social media presence — aren't likely to escape the notice of political communications strategists, Schmidt says.

THE CANADIAN PRESS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VOICES

A GOOD WEEK AT CITY HALL: WEIRD, RIGHT?

From following through on promises to ending 'corrosive' practices, things are looking on the up and up in Toronto — although there's still plenty of room for improvement

TORY'S TORONTO
Matt Elliott

It may have been bitterly cold outside, but last week I actually felt warm feelings toward city hall.

That sounds weird, I know. I'm still struggling with it. I'm way more accustomed to criticizing local government than I am to praising it. But after four Ford-filled years, it's important to note that — for a week at least — there was mostly good news coming from Toronto's municipal government under new mayor John Tory.

Let's recap. It started last Monday, as Tory actually followed through on a promise as police started towing delivery trucks and other vehicles parked in no-stopping zones.

Later, Tory's public works chairwoman Jaye Robinson made it clear that this government won't just barrel through and contract out garbage collection east of Yonge Street without first getting the facts.

Soon after, police chief Bill Blair announced he was suspending police carding, a practice tied to the absurd notion that the police should totally be able to stop anyone on the street and ask if they've committed any crimes. Last month, Tory called carding "corrosive."

And finally, as the temperature fell further and demands came in from anti-poverty advocates to open warming centres for the city's homeless, Tory's office acted quickly to open more shelter space. The mayor even talked up the need to invest in better shelter services and better mental health care.

A guy could get used to this kind of govern-

Good work, chief

Police chief Bill Blair announced he was suspending police carding.

ment. But that's not to say everything's perfect.

I'm skeptical, for instance, that Tory's stepped-up traffic enforcement will do much to fix congestion over the long term. Nothing will ever make driving in Toronto easy or fun, which is why we need to heavily invest in alternatives. And hey, maybe these enforcement measures should come up with better supports to help businesses find workable alternatives for deliveries.

And while Blair's decision to suspend carding is welcome news at the surface level, there's a worrying lack of details. I'd like to see a transparent commitment that police will put an end to stopping people on the street without cause — and the profiling that comes with it.

Then there's the issue of shelters. While I'll laud Tory for his response to the cold weather — when confronted with a cold snap in 2013, his predecessor said the city had "more than enough" shelter beds — the simple truth is this: a homeless person still died last week after spending a night huddled in a city transit shelter. That's unacceptable in a city as rich as Toronto.

We can do better — a lot better.

Still, it's worth acknowledging that for the first time in four years, doing better at least seems possible. There's still a long way to go, but at least I'm not dreading the trip.

Your Toronto

Night lights

Photo submitted by reader Nikhil Shah

Metro reader Nikhil Shah captured this great shot of Toronto's skyline as seen at night. CONTRIBUTED

SEE YOUR SHOT HERE: Send us high-quality snaps of your city to readers@metronews.ca

Letters

RE: Charlie Hebdo shooting coverage

What would the Prophet do? When I learned of the recent barbaric killing of 12 innocent people in Paris, France, I was extremely saddened and deeply disturbed.

First and foremost, my thoughts go out to the victims and their loved ones. It pains me greatly to hear that such acts are carried out in the name of Islam. I am a member of the Ahmadiyya Muslim Community and have always been taught the message of "Love for All, Hatred for None." These acts have no place in Islam.

What perplexes me most is why do these ignorant extremists not think to ask themselves, "What would the Prophet of Islam do?"

He would respond to those who insulted and abused him with a smile and a kind word. This is the Islam that I know and love. As true Muslims, insults against the Prophet should be dealt with love and prayers. I pray for those who feel the need to attack my religion. I pray even more for those who feel violence is the solution. **Ejaz Arshad, Calgary**

A different interpretation The Latuff drawing, to me, represents the gunmen actually doing more harm to Islam (represented by the mosque) than it is about a potential backlash. Their bullets are aimed at the newspaper, but really, they are hitting their own faith. **Giacomo Cassano**

Don't let the thought police win As a journalism professor I absolutely support — and sometimes enforce — the use of a precise and appropriate vocabulary. However, I was astounded to read the comments of a colleague criticizing the term "barbaric" with regards to the Charlie Hebdo attack.

First, any murder committed in the name of religious belief — whatever the religion — can certainly be described as barbaric and connotation of this term seems particularly appropriate here. But the main point is that this kind of soothing language/thought police is precisely what the murdered journalists stood against. In its excess, their provocative style was a manifesto against too-easily-offended sensibilities. **B. Labasse, Ottawa**

metro

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Cable TV rules Golden Globes

Award season.
Major TV networks mostly shut out of winner's circle while indies make a strong showing on film side

NED EHRBAR
Metro in Hollywood

The reigning theme on the red carpet for this year's Golden Globes might have been red gowns, but inside the Beverly Hilton it was awkwardness — horrible, painful awkwardness. Even veteran hosts Tina Fey and Amy Poehler couldn't escape the cringe-inducing atmosphere in the Beverly Hilton ballroom, especially when launching into dueling Bill Cosby impressions.

Even planned bits during the awards show — like Margaret Cho as a Hollywood Foreign Press Association member from North Korea taking a photo with Meryl Streep — were awkward, though in that case that might have been the point. And the awkwardness seeped into the spontaneous moments, like when Jeremy Renner made mention of co-presenter Jennifer Lopez's "globes" (see sidebar).

Of course, the real point of the night was the awards. On the film side, the indie film presence was strong. Boyhood was the big winner, taking home best drama and best director, plus a win for Oscar favorite Patricia Arquette in best supporting actress. Wes Anderson's The Grand Budapest Hotel won the best comedy feature award, while Michael Keaton won best actor in a comedy or musical for Birdman — which also won best screenplay — and J.K. Simmons won best supporting actor for his work in the Sundance hit Whiplash. Elsewhere, How to Train Your Dragon 2 took best animated film, The Theory of Everything won best score and Common and John Legend's Mercy for Selma won best original song.

In the world of TV, things were less awkward than they were surprising as Jane the Virgin star Gina Rodriguez surprised awards prognosticators by taking best actress in a comedy or musical and Amazon's first nominated series, Transparent, won best comedy or musical series and best actor for star Jeffrey Tambor.

In fact, the four major TV networks — CBS, NBC, ABC and Fox — were pretty much shut out from the awards Sunday night. Joanne Froggatt brought home her first Golden Globe, a supporting actress trophy, for Downton Abbey, taking home an award her co-star Maggie Smith has previously won. But the big winner for the night was freshman FX drama Fargo, which earned an award for the show itself and supporting actor Billy Bob Thornton. Showtime's The Affair was also a big winner, brining home best drama series and best actress for Ruth Wilson. Kevin Spacey matched Robin Wright's win last year with his own for House of Cards.

Despite high hopes, Tina Fey and Amy Poehler turned in possibly their weakest Globes hosting appearance, disappearing for most of the show after a stilted opening. Even before the show began, hosts Fey and Poehler confirmed that this go at hosting the awards — their third in a row — would be their last. "Next year they should go with someone younger and easier to work with, like a Japanese hologram," Poehler joked on the red carpet. Maybe next year's will be less awkward.

FOR MORE ON THE GOLDEN GLOBES, VISIT METRONEWS.CA

Tiny Fey, , Margaret Cho — as a North Korean journalist — and Amy Poehler. THE ASSOCIATED PRESS

Kevin Spacey accepts the award for best actor in a TV drama series for his role in House of Cards.
THE ASSOCIATED PRESS

Amy Adams takes home a Golden Globe for her role in Big Eyes. GETTY IMAGES

Awards snafu

Golden Globes lets a little something slip

As if Hollywood hasn't had enough leaks of late.

For a short time on Friday night, the official website of Sunday's Golden Globe Awards posted what appeared to be this year's winners in two top Globes categories, setting off some momentary excitement in the industry trade press.

The Hollywood Foreign Press Association, which runs the annual awards, referred all inquiries to its site administrator, Bluefin.

"While testing the official website of the Golden Globe Awards for Sunday's ceremony, Bluefin inadvertently took the test live," said a company statement. "We randomly selected two film titles with no knowledge of the category winners. We are solely responsible for the error."

THE ASSOCIATED PRESS

Awkward moments

1 While presenting an award with Lopez, Renner decided to try ad-libbing. Lopez pointed out that she had "the nails" to open the envelope, to which Renner added that she also had "the globes." She did not seem pleased. Her dress was not doing J.Lo any favours, with some sort of rogue underwire taking it upon itself to impale one of her boobs the whole night. It was ... distracting.

2 Competing Cosby impressions: Amy Poehler and Tina Fey broke the seal on Bill Cosby jokes early, but segued quickly into trying to get his voice right while the audience cringed.

3 The lack of A/C: This was also a remarkably shiny Golden Globes this year, too, with presenters, winners and random audience members looking very, very sweaty.

4 Jennifer Aniston was joined on stage by Benedict Cumberbatch, who was seemingly picked at the last moment by Fey and Poehler. Either he really was, or he and Aniston are better actors than we thought, because that banter was struggling.

5 Kristen Wiig's Robert De Niro impression: Apparently there are some things she can't do.

SCENE

One VIP guest came to the Golden Globes nearly naked and boldly sat by the door as though nothing was amiss. Salem, a canine expert at sniffing out explosives, just wore his regular work vest to the black-tie affair at the Beverly Hilton Hotel. Here are some of the mostly fully clothed stars who passed Salem's sniff test

ALL PHOTOS: GETTY IMAGES

Red carpet looks from the glitzy Golden Globes

George Clooney arrived exactly an hour before the start of the Golden Globe Awards, and he brought along some famous friends. Model Cindy Crawford and actor Bill Murray rode in a sport utility vehicle with Clooney, who upon exiting the vehicle pointed out his new wife, Amal, to bleacher fans. The group received boisterous cheers, but the loudest ones were reserved for Mr. and Mrs. Clooney. Some stars, including Clooney, sported "Je Suis Charlie" pins. THE ASSOCIATED PRESS

Wearing an elegant tuxedo, The Theory of Everything's Eddie Redmayne proved why he has made a number of best-dressed male celebrity lists this year.

Matthew McConaughey

Gone Girl's Rosamund Pike walked the red carpet in a daring sideless and backless Vera Wang dress. She told InStyle magazine the week before that, "What you try to do is something that will live up to a dream you might have had when you were a little girl."

Orange is the New Black star Taylor Schilling.

Emma Stone

Lena Dunham

Kerry Washington

Jennifer Lopez

Amy Adams

Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES

Blake Lively ALL PHOTOS GETTY IMAGES

Be careful, or Blake Lively will surprise you with a baby

So maybe the real reason Blake Lively held off on announcing the birth of her daughter for a couple of weeks was so that she could punk her friends.

She at least managed to pull off a surprise baby attack with one pal, Sisterhood of the Traveling Pants co-star Amber Tamblyn. When asked how she found out about Lively's big news, Tamblyn responded with a measured, "That bitch! She tricked me," according to People magazine.

See, what happened was that Tamblyn was heading up to Lively's Bedford, N.Y., home recently, totally unaware that the nursery was now occupied. "I went up there and I didn't know. Everybody knew but me, and she does that s— to me," Tamblyn explains. "She was texting me about wallpaper. She was like, 'You've got to come see my new wallpaper.' And I went up there, and there was her baby." Enjoy it while you can, Blake, because that trick only works so many times.

Bieber's camp insists Calvin Klein images were 100 per cent Canadian bacon

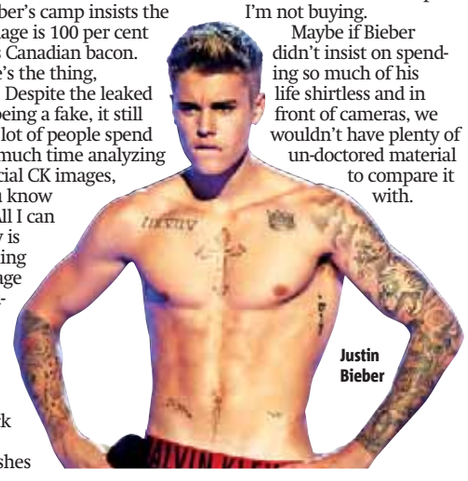
So those supposedly original photos from Justin Bieber's Calvin Klein photo shoot showing a much skinnier and less well-endowed Biebs that hit the Internet late last week? Totally fake.

Maybe the fact that they were leaked to a website you've never heard of before should've been a clue. Or maybe a closer look at Bieber's crotch — and again, I'm really sorry I have to keep suggesting you look at that — would have clearly shown that the "un-retouched" photos were actually more Photoshopped than the official versions.

That website, breatheheavy.com, by the way, removed the image and posted a retraction, saying it had received a cease and desist letter. The Calvin Klein folks swear that Bieber acted like a perfect little gentleman the entire shoot, and Bieber's camp insists the final image is 100 per cent Bieber's Canadian bacon.

Here's the thing, though. Despite the leaked image being a fake, it still made a lot of people spend far too much time analyzing the official CK images, and you know what? All I can see now is retouching and image manipulation. For instance, that massive back muscle that pushes out past his shoulder blades? Yeah, no. And the bloated pecs, I'm not buying.

Maybe if Bieber didn't insist on spending so much of his life shirtless and in front of cameras, we wouldn't have plenty of un-doctored material to compare it with.



Justin Bieber

Beckham brood proves they're not camera-shy

Speaking of young boys and modelling, another one of David Beckham's kids is getting in on the game. Eldest son Brooklyn Beckham did a shoot for Reserved's spring 2015 campaign. While it's not as high-profile as younger brother Romeo's recurring Burberry work, a gig is a gig. Hey, I had a job when I was 15, too, but it involved more than just standing around and looking pretty. But at least now Brooklyn has something he can talk to Jude Law's kid about.

Brooklyn Beckham

Who'll turn up for Wet Hot American Summer reboot?

An eight-episode series sequel to the 2001 cult comedy film Wet Hot American Summer may sound like one of the stranger ideas that Netflix has ever had, but it just got infinitely more awesome. Deadline reports that the series has already started filming, with "virtually its entire ensemble cast returning." We have no idea who from the original cast is included in that "virtually" bit, but that's a lot of star power to choose from. The original film starred some notable names like Bradley Cooper, Amy Poehler, Raul Rudd, Janeane Garofalo, Ken Marion, Christopher Meloni, Molly Shannon and David Hyde Pierce. Guess we'll just have to wait and see.

Bradley Cooper

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Link, Master Chief, Batman and Nathan Drake

Video Games. Popular stars and promising newcomers are headed to a gaming machine near you this year

Link, Master Chief, Batman and Nathan Drake will be back in action this year, along with such newcomers as a team of intergalactic monster hunters and their prey, a band of high-tech criminals and their pursuers, and a battalion of explorers and their generated universe. Here's a glimpse into some of 2015's most anticipated games.

Battlefield Hardline is an interactive game of cops and robbers. ELECTRONIC ARTS

Batman: Arkham Knight: (PS4, Xbox One, PC). After three editions of stomping, gliding and grappling through a virtual Gotham, Batman has keys to the Batmobile in the Dark Knight finale. This time, besides old-school baddies like Penguin and Scarecrow, Batman is facing off against a new menace called Arkham Knight.

Battlefield Hardline: (PS3 or 4, Xbox 360 or One, PC). Visceral Games is dodging the military in favour of an interactive game of cops and robbers in the latest entry of this first-person-shooter series. The action will include bank heists, police chases and hostage rescue missions.

Evolve: (PS4, Xbox One, PC). After tackling team-based zombie slaying in Left 4 Dead, Turtle Rock Studio takes on monster hunting in this multiplayer shooter with a twist. Instead of equal squads aiming for each other, Evolve pits a team of four against one player portraying an oversized, overpowered behemoth.

The Order: 1886: (PS4). In this third-person alternate history romp, the Knights of the Round Table battle supernatural forces with steampunk gear across London.

Metal Gear Solid V: The Phantom Pain: (PS3 or 4, Xbox 360 or One, PC). One-man army Snake is dispatched to Afghanistan during the Cold War to take down Soviet forces. This seeks to be the most liberating Metal Gear yet, with sandstorms and daylight affecting your stealthy tasks.

No Man's Sky: (PS4, PC). Hello Games has created virtual worlds with randomly generated landscapes; meaning plants, animals and atmospheres will look different for each person playing this ambitious exploration title.

Uncharted 4: A Thief's End: (PS4). After surviving a trek through a sprawling desert and a jaunt through an ancient crumbling city, Nathan Drake returns for his first quest on the PS4.

Other highly anticipated titles include The Witcher 3: Wild Hunt, Tom Clancy's The Division, Quantum Break, Star Wars: Battlefront, Rise of the Tomb Raider, and Star Fox.

THE ASSOCIATED PRESS

Exclusive titles

- **Bloodborne.** PS4. Dark Souls' mastermind Hidetaka Miyazaki takes a stab at the PS4 with this relentless role-playing title set in a gothic enclave that's been overrun by infected monsters. The game is expected to be quite the nightmare.
- **Halo 5: Guardians.** Xbox One. Halo hero Master Chief is joined by fellow supersoldier Locke. The game also offers a slew of fresh abilities in multiplayer mode, including thruster-boosted dodging and ground pounding.
- **The Legend of Zelda.** Wii U: Link and his trusty steed Epona are set free in an expansive open realm in the first Zelda adventure crafted for Nintendo's high-definition, touchscreen-centric Wii U console.

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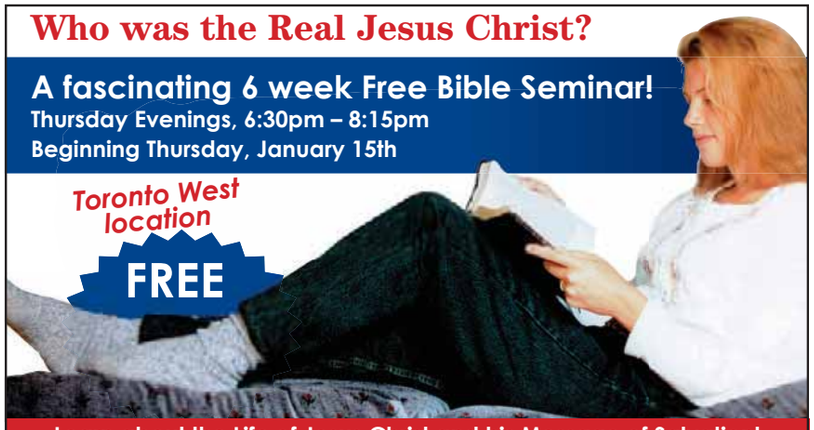

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- Was Jesus tempted to sin like we are?
- Was Jesus the son of God or the son of Joseph?
- Was the birth, death and resurrection of Jesus predicted in detail hundreds of years prior?
- What was the purpose of Jesus Christ anyway?
- What did Jesus really teach?
- Did Jesus really offer his followers the promise of eternal life in Heaven?
- Did Jesus actually perform miracles?
- Will Jesus Christ return to the earth in the future as some claim?

No need to register, just show up!

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Historical drama, hysterical swordplay or methodical game play are all equally entertaining in their own way

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Ebooks

The Book of Negroes

By. Lawrence Hill

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Society at its worst will bend a person to its most base needs. Hill's historical drama captures with astonishing insight the way this happens from one stage of life to the next. Now a CBC mini-series.

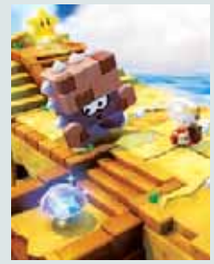
App

The Princess Bride

iPhone/iPad
$4.59

It's inconceivable! But this fun collection of mini-games does involve sword fights, shrieking eels, miracle pills, and the cliffs of insanity, along with a playful mix of audio from the much-loved movie classic.

Video game



Name. Captain Toad Treasure Tracker

For. Nintendo Wii U

Rated. Everyone

If you're brave, a little can achieve a lot. Toad may be small, slow-moving, and unable to jump, but give his 3D world a spin and you can help him slip past traps and bad guys using secret paths only viewable from the right angle.

Don't be a divorce dummy

Legal bills. Avoiding lawyers might seem like a good idea when navigating a split, but separation agreements need to be solid

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Be aware that so-called 'kitchen table' agreements usually don't pass court scrutiny. ISTOCK

Everyone knows divorce is expensive. According to Darren Gingras, President of the Common Sense Divorce (with which I am affiliated), the average divorce costs $15,000 to $25,000 depending on whether the courts have to get involved. Is it any wonder people would rather DIY?

You might be tempted to take family law matters into your own hands because you're trying to save money.

Maybe you don't think your case is particularly complicated. Perhaps you have a basic mistrust of lawyers and the legal system's penchant for making everything more complicated than it need be.

Or maybe you just don't want to spend the money; splitting assets is going to leave you broke enough!

Hey, I hear what you're saying. But I've been divorced enough times to know that if you don't know what you're doing — and if you're not a family lawyer, you don't — you could miss some important things that will screw with you later.

No, I'm not saying you have to hire a gunslinger.

I'm saying if you don't know what you don't know, how will you avoid stepping in the poop?

Family lawyers have a name for those documents people like to create for themselves as they are separating: They call them 'kitchen table' agreements, because they're often signed in the kitchen over a cup of coffee. And their eyes flash with delight because they know that untangling the mess made will be profitable for them. Very profitable.

Sure, you'll save some money if you work out the details of your separation agreement amicably. That's common sense. But if you don't get independent legal advice to ensure all the i's are dotted and the t's crossed, lawyers and court costs may be in your future.

Just because you agree to a thing doesn't make it stickable. Just because you execute it, have it witnessed and follow it religiously, doesn't make it stickable. Kitchen table agreements can be tossed to the curb as soon as the weaknesses have been uncovered.

Take for example the kitchen table agreement that was thrown out by an Ontario court because child support was not implemented according to Ontario provincial guidelines.

And the kitchen table agreement that was nullified because financial disclosure wasn't done, so one spouse didn't fully appreciate what she was giving up when she waived her claim to her partner's pension.

And the kitchen table agreement in which one partner tried to pull the wool over the other's eyes.

Courts booted those agreements to the curb, leaving them not worth the paper they were written on. And because the courts got involved, those cheap kitchen table agreements got very, very expensive.

Perhaps it is our desire to get out of our current relationship that has us rushing to agree.

Hey, it all seems so reasonable right now. But what about the future?

Will whatever you agree to today stand the test of time?

And how about the tax man? Will he come looking for his piece of the pie?

Creating a legally binding and long-lasting separation agreement doesn't mean you have to go to court. Nor does it mean that you have to escalate matters.

And you don't have to give away all of your assets to the legal system, either.

It does mean spending enough money to ensure that your separation agreement is consistent with the your province's Family Law Act and that everyone involved fully understands what it is that they are agreeing to and signing.

How much is enough? According to Gingras, for a separation agreement to have teeth, you're looking at about $4,000.

No matter how tempted you may be to "keep the lawyers out of it," please, please don't put your faith in an office-supply-store separation agreement kit.

Gingras has seen more of these go south than he cares to think about.

"You want to spend enough money to do it properly the first time," he says.

Precedents

In the case of Zheng v. Jiang, 2012, when the court struck down the agreement that had been made by separating partners, it said:

"It seems to me that this is the very type of homemade agreement entered into by spouses who are not properly informed as to the facts and law surrounding their circumstances that (the Family Law Act) was designed to deter. I agree with the statement in Sagl v. Sagl ... that "the policy of the Act is to discourage 'kitchen table' agreements."

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How to press pause on your procrastination

Education. Gaining an understanding of why we put off tasks is crucial to successfully seizing the day

Learning how to use your time wisely takes practice. ISTOCK

It's a New Year's resolution students the world over make again and again: "This is the year that I will stop procrastinating on my assignments."

But one professor says that the first step to ending this habit is to rethink the way we view it.

"The research shows that self-awareness is the first step in any kind of behaviour change," says Dominic Voge, associate director of the Undergraduate Learning Program at Princeton University.

"Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

We asked Voge why so many of us procrastinate and what we can do about it.

Identify the problem

"Procrastination is often a self-protection strategy," he explains. "It's protecting our self-concept of being capable and smart people."

Forgive yourself

"Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

Dominic Voge
Associate director of the Undergraduate Learning Program at Princeton University

This concept is particularly common among post-secondary students, many of whom are experiencing an academically competitive environment for the first time.

"If we wait until the last minute to study or write a paper, we can say to ourselves, 'If I perform poorly, it's because I didn't have enough time," Voge says.

Learn to use blocks of time

"It's easy to say 'Why even start' if you only have an hour between classes or if you are really tired, notes Voge.

"But you can say, 'Instead of watching TV, I can review my notes from class or I can skim a chapter of my textbook,'" he says.

The trick is to assign yourself reasonable tasks. A half-hour is probably not enough to do your chemistry assignments, but it's enough time to review vocabulary for a language course.

Give yourself a fun goal

Part of the reason procrastination often feels like an insoluble problem, says Voge, is because "procrastination feels like a big wall, (it blocks you). So what is something that is going to get you over that wall?"

Voge suggests making a list of your interests and long-term goals to figure out your motivations.

Do you like the satisfaction of successfully solving a problem or delving into research?

Concentrating on the aspects of your classes that you like rather than focusing only on grades (which aren't solely in your control) goes a long way.

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Fajitas are a great dish to serve for families, since everyone can make their own as desired.

Pork is a lean meat, and with today's agricultural practices, can be cooked to a medium doneness rather than well done as previously instructed years ago.

The cone presentation is a real treat visually and taste-wise. Any leftover fajita mixture can be served on its own if all doesn't fit into the tortilla cone. Using various coloured tortillas is attractive, but if you want more fibre go for the whole wheat tortillas.

Directions

1. Preheat the oven to 375 F. Spray a 12-cup muffin tray with cooking oil spray. Fold each tortilla in half, then form into a cone, overlapping the sides. Fold up the point of the cone about an inch, then press the tortilla in every other muffin cup so they don't crowd each other. Spray each cone with vegetable oil. Bake for about 10 minutes or just until lightly browned and crisp.

2. Spray a large non-stick skillet with cooking oil and place over medium-high heat. Cook the pork for about for 2 to 3 minutes, or until cooked through (pork can be served at medium doneness). Do not overcook or it will dry. Remove from pan.

3. Add the oil to the same pan and brown the onions and garlic, about 4 minutes. Reduce the heat to medium. Stir in the red pepper strips and cook until softened, about 5 minutes.

4. Remove the pan from heat. Stir in the cilantro, green onions and the cooked pork.

5. Divide the stir-fry amongst the tortilla cups, sprinkle with cheese and serve with garnishes if using.

Ingredients

- 6 large flour tortillas
- 12 oz boneless pork tenderloin sliced thinly
- 2 tsp vegetable oil
- 2 1/2 cups thinly sliced white onions
- 1 1/2 tsp minced garlic
- 2 1/2 cups red bell pepper cut into strips
- 1/4 cup chopped cilantro or parsley
- 1/4 cup chopped green onions
- 3/4 cup shredded light cheddar cheese

Garnish (Optional)

- 1/3 cup medium salsa
- 1/3 cup low-fat sour cream

This recipe serves six. ROSE REISMAN

Not your typical nachos

Typical nachos are an all-time favourite with their fried tortilla chips, loads of cheese sauce, sour cream and fatty ground beef. They may be delicious, but a platter can have more than 2,000 calories and 100 grams of fat!

Try my tasty and healthier version using lean ground turkey and a variety of lighter toppings.

1. Preheat oven to 450 F. Spray a 10 to 12-inch pizza pan or large oven-proof platter with vegetable oil.

2. In large skillet sprayed with vegetable oil, sauté onions and garlic with oil for 5 minutes. Add turkey and sauté until no longer pink, about 5 minutes. Add bell peppers and sauté for 2 minutes. Add chili powder, beans, tomato sauce, and salt and pepper. Simmer uncovered for 10 minutes until thickened.

3. Place half the tortilla chips over pizza pan, pour half the filling over top and half the cheese. Repeat with remaining chips, filling and cheese. Bake for 5 minutes or until cheese melts and tortillas crisp. Garnish with any of the toppings.

ROSE REISMAN

This recipe serves six. ROSE REISMAN

Ingredients

- 1 cup diced onions
- 1 tsp minced garlic
- 2 tsp vegetable oil
- 12 oz ground turkey
- 3/4 cup diced red bell pepper
- 1 tsp chili powder
- 1 cup canned, drained and rinsed black beans
- 2 cups tomato pasta sauce
- Salt and pepper
- 6 cups tortilla chips (baked if possible)
- 1/2 cup grated light cheddar
- 1/2 cup grated light mozzarella cheese

Garnish (optional)

- 2 tbsp chopped cilantro
- 2 tbsp chopped green onions
- Light sour cream (optional)
- Thinly sliced jalapenos (optional)

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Packers advance amid controversy

NFL playoffs. Video reversal aids Green Bay in holding off Dallas for berth in NFC championship game

Cowboys receiver Dez Bryant attempts to make a catch over Sam Shields of the Packers on Sunday in Green Bay. Initially ruled a catch, the call was reversed upon review. MIKE MCGINNIS/GETTY IMAGES

Hobbled but happy, Aaron Rodgers might have felt a bit lucky, too.

No matter: The All-Pro quarterback and his Green Bay Packers are one step away from the Super Bowl.

More stationary than usual because of a left calf injury, Rodgers rallied the Packers from an eight-point deficit with two second-half touchdown passes to beat Dallas 26-21 Sunday.

The Packers, helped immensely by a video reversal with 4:06 remaining, went undefeated at Lambeau Field this season. They head to Seattle — which beat Carolina 31-17 on Saturday — next weekend in the NFC title game.

"I think I got 120 minutes left in me," Rodgers said.

Green Bay might not have had any time left in its season if not for referee Gene Steratore's decision. Dez Bryant's leaping, bobbling 31-yard catch at the Packers' one-yard line on a fourth-and-two play was challenged by Green Bay coach Mike McCarthy. Instead of first-and-goal for Dallas, the ball went over to the Packers.

"Some people think throwing the red flag is fun," Packers coach Mike McCarthy said. "It was such an impactful play, you had to challenge. It was a confident challenge. And a hopeful one, too."

One packed with controversy, as well.

"Look, I'll tell you this, I've never seen that a day in my life," Bryant said. "I want to know why it wasn't a catch."

Because Bryant didn't maintain control all the way to the ground, as the rule states. Replays showed Bryant bobbling the ball as he rolled into the end zone, with part of it touching the field.

"By rule he must hold onto it throughout entire process of contacting the ground," tweeted Dean Blandino, the league's director of officiating. "He didn't, so it is incomplete."

An impassioned Bryant didn't buy it.

"All I know is I had possession, I had possession of the ball coming down," Bryant said. "That's possession, right? One, two, reach. Bam, that's possession."

The Cowboys' first postseason trip to Green Bay since the 1967 Ice Bowl for the NFL championship resulted in their first road defeat of the season after eight victories.

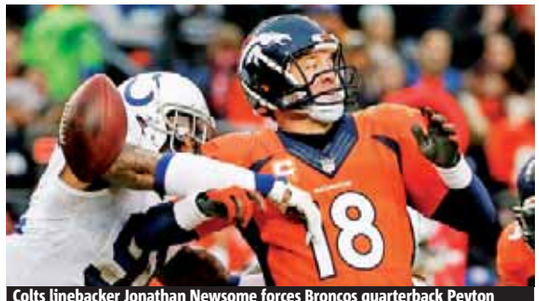
THE ASSOCIATED PRESS

Snake-bitten

Detroit Lions receiver Calvin Johnson, had a similar catch reversed in 2010, and they also were stung last week in the wild-card round against the Cowboys when the officials picked up a flag that would have given them a critical fourth-quarter first down.

- The Lions tweeted: "Sorry @dallascowboys. We know the feeling," with a link to the Megatron play and the hashtag "CompletingTheProcess."

Luck leads Colts to upset of Manning, Broncos



Colts linebacker Jonathan Newsome forces Broncos quarterback Peyton Manning to fumble on Sunday in Denver. JACK DEMPSEY/THE ASSOCIATED PRESS

Andrew Luck threw two touchdown passes and the Indianapolis Colts upset Peyton Manning and the Denver Broncos 24-13 Sunday in the AFC playoffs.

The Colts advanced to the AFC championship game next weekend in New England. The Patriots rallied past Baltimore 35-31 Saturday in the other AFC divisional playoff.

The Broncos were left to deal with the hangover of yet another playoff debacle — and maybe questions about Manning's future and that of coach John Fox, as well.

Manning, who joined the Broncos in 2012 after his release from Indy, has gone one-and-done in the playoffs a record nine times in his otherwise stellar career. That includes twice in Denver, where he's 38-10 in the regular season but just 2-3 in the playoffs.

Overall, Manning is 11-13 in the post-season.

THE ASSOCIATED PRESS

Tennis

Federer wins title, 1,000th match

Roger Federer turned the Brisbane International final into a grand occasion Sunday, beating the up-and-coming Canadian Milos Raonic in three see-sawing sets to register his 1,000th career match win.

It's a grand number for a 17-time Grand Slam champion, making him the only player after Jimmy Connors (1,253) and Ivan Lendl (1,071) to win 1,000 times on the men's professional tour.

"Clearly it's a special day for me, winning a title plus getting to the magic number of 1,000," Federer said after beating Raonic 6-4, 6-7 (2), 6-4.

"For some reason 1,000 means a lot because it's such a huge number. Just alone to count to 1,000 is going to take a while."

THE ASSOCIATED PRESS

NBA

Grizzlies trade for Jeff Green: Report

Tayshaun Prince and Quincy Pondexter were unavailable Sunday night for Memphis for the Grizzlies' game Sunday night against Phoenix, awaiting the completion of a three-team, five-player trade.

It reportedly would send forward Jeff Green from Boston to Memphis, Prince the other way and Pondexter to New Orleans. The trade would also see New Orleans send Austin Rivers from to Boston and Russ Smith to Memphis.

THE ASSOCIATED PRESS

Buffalo

Bills hire Rex Ryan as coach: Report

Rex Ryan is staying in the AFC East after reaching an agreement Sunday to coach the Buffalo Bills.

A person familiar with the talks told The Associated Press the former New York Jets coach accepted the Bills' contract offer after two days of discussions. The person spoke on the condition of anonymity because the Bills have not discussed their search to replace Doug Marrone.

Another person familiar with talks told the AP the Bills are negotiating to hire Greg Roman as offensive co-ordinator.

THE ASSOCIATED PRESS

Raps plan to halt red-hot Pistons

NBA. T.O. has to play against the team — not that team's record

Dwane Casey had made the comment so many times this season that he generally prefaces it with an apology now, as in "yes, I know you've all heard this so often, but ..."

He is sure to trot it out Monday night, and never will it have been more true.

The Raptors are not nearly good enough to look past any opponent, they have to play against a team, and not that team's record, because a lackadaisical approach will bite them in the collective butt no matter who the other team is.

So it is near-certain that Casey will make the same point — publicly and privately — ahead of Monday's game against the Detroit Pistons.

The Pistons may be only 13-24, but they are red-hot of late, winners of eight of their last nine games and playing as well as any team in the conference.

And with Toronto having lost four of its last five, taking the Pistons lightly would be folly.

The game is also full of subplots that should ensure that the Pistons get Toronto's undivided attention.

The first meeting — last month in Auburn Hills, Mich. — included an arena basically dominated by fans of the road team, a horrific fall for Landry Fields that concussed him, and a set-to between Toronto's James Johnson and Detroit's Andre Drummond that almost escalated into something ugly.

Put off by Johnson's celebration after a thunderous dunk ("I cocked that joint back and banged on him," was Johnson's all-time great quote on the play), Drummond elbowed the Raptors forward the next time down the court, was assessed a technical foul and spent the last quarter on the bench.

TORSTAR NEWS SERVICE

Quoted

"Just trying to get them going both at the same time has been the most difficult thing.... They're young. We want them to be a 10-year vet yesterday, but that doesn't happen in this league."

Raptors coach Dwane Casey speaking about Jonas Valanciunas and Terrence Ross

Raptors head coach Dwane Casey, not pictured, is urging his club not to overlook the Pistons on Monday night, when the 13-24 Detroit club visits the Air Canada Centre. CHRIS YOUNG/THE CANADIAN PRESS

Southampton wins at Man United — first time in 27 years

Southampton's Dusan Tadic celebrates his goal in Manchester Sunday. GETTY IMAGES

A Southampton shirt had to be scrambled from the dressing room before the forgetful Dusan Tadic could enter the Old Trafford pitch on Sunday.

Within minutes it was ripped off again, as the second-half substitute celebrated scoring the goal that gave Southampton its first win at Manchester United in 27 years.

"When I wanted to come on, the shirt and shin pads were not there (in the dugout), but I don't know what happened," Tadic said after clinching the 1-0 victory. "This isn't important. It's important we won."

It ended United's 10-game unbeaten run in the Premier League, and Ronald Koeman's side dislodged the hosts — managed by fellow Dutchman Louis van Gaal — from third place.

"They came for a draw I believe, and they go away with a victory — and that is disappointing," van Gaal said. "We didn't create so many chances in spite of dominating the game."

And Arsenal is only a point behind fourth-place United after Alexis Sanchez scored two and created one in a 3-0 victory over Stoke in the day's other game.

For Southampton, this was a victory against a United side with most of its key players back from injury. So much so that Radamel Falcao was left out of the matchday squad.

Tadic's goal came in the 69th, around five minutes after eventually coming off the bench. THE ASSOCIATED PRESS

EPL standings

The Premier League table is led by Chelsea on 49 points with Manchester City two points behind. Southampton is eight points adrift of City on 39, but in an elevated position that was unthinkable when the south-coast team was among the teams being tipped for relegation in August.

NBA

Hawks streak past Wizards

Kyle Korver scored 19 points and DeMarre Carroll added 16 to help Atlanta Hawks win their eighth straight game, 120-89 over the Washington Wizards Sunday. Atlanta leads the Eastern Conference this late in the season for the first time in 21 years. THE ASSOCIATED PRESS

La Liga

Messi for peace (at Barcelona)

Lionel Messi almost single-handedly restored peace at Barcelona by scoring once and setting up two more goals in a 3-1 win over Atletico Madrid Sunday. Afterward he denied reports that he called for coach Luis Enrique to be replaced.

THE ASSOCIATED PRESS

Luis Suarez, Neymar and Lionel Messi celebrate Messi's goal, the third in a 3-1 win over Atletico Madrid on Sunday in Barcelona. LLUIS GENE/GETTY IMAGES

Slalom

Italian gets debut World Cup win

Stefano Gross of Italy won a tight World Cup slalom on Sunday where just 0.03 seconds separated the top three finishers.

A first career World Cup victory for Gross denied first-run leader Fritz Dopfer of Germany his first win by 0.02. THE ASSOCIATED PRESS

Bobsled

Junior champ wins first World Cup race

Junior world champion Nico Walther helped his German teammates win a four-man bobsled race for his first World Cup victory on Sunday, while four-time world champion Maximilian Arndt was taken to the hospital for checks after crashing. THE ASSOCIATED PRESS

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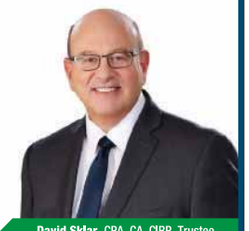
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Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You may be in a cautious mood as the week begins but that's OK because this is a time for thinking things through rather than throwing yourself at life.

♉ Taurus
April 21 - May 21
This is a great day for meeting with friends. On the career front, your ambitions may seem lofty to some but you know that anything is possible if you want it enough — and you do.

♊ Gemini
May 22 - June 21
Whatever you want out of life you will find a way to get, but you will get it quicker if you make friends with the kind of people who can open doors.

♋ Cancer
June 22 - July 23
You want to do something out of the ordinary. Only you can decide what that something is going to be. The planets indicate it will be fun and change your life for the better.

♌ Leo
July 24 - Aug. 23
You need to think long-term rather than merely aim for short-term gain. That applies in particular to business and professional matters.

♍ Virgo
Aug. 24 - Sept. 23
Partnerships will be vital over the next few days and even if you are the kind of Virgo who prefers to work alone it will pay you to join forces with someone who shares your ambitions.

♎ Libra
Sept. 24 - Oct. 23
The tougher the challenge the more you like it and that's just as well because the planets indicate you will be put to the test over the next few days.

♏ Scorpio
Oct. 24 - Nov. 22
This is potentially one of the best times of the year for you and anything of a creative or romantic nature is sure to go well over the next few days.

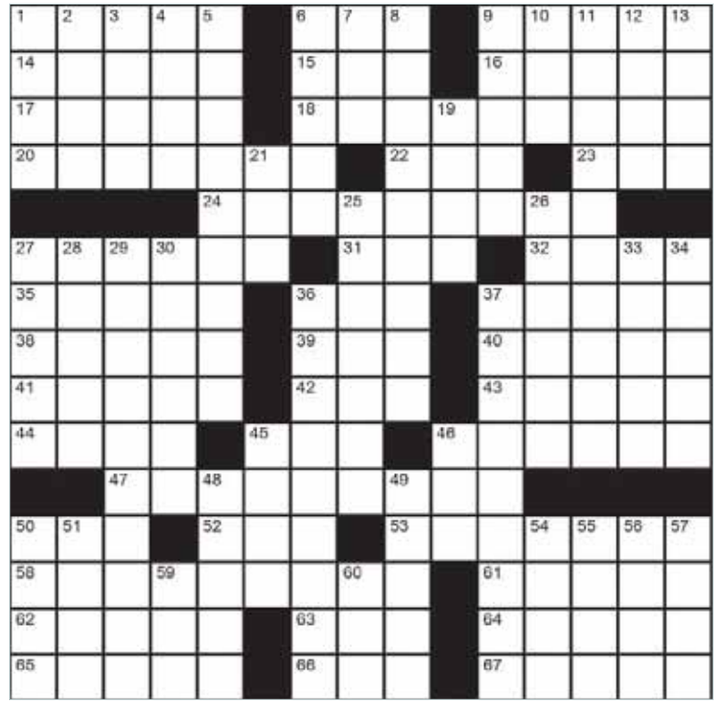
♐ Sagittarius
Nov. 23 - Dec. 21
Anyone who thinks they can coerce you to do something you do not approve of is living in cuckoo land. When it comes to family matters though try not to take such a hard-line stance.

♑ Capricorn
Dec. 22 - Jan. 20
You will meet some interesting people over the next few days and that's good because your focus has been too narrow. Chances are you will learn something to your advantage.

♒ Aquarius
Jan. 21 - Feb. 19
Under no circumstances sell yourself short this coming week, because the moment you do is the moment everyone starts taking advantage of you.

♓ Pisces
Feb. 20 - March 20
Something you start over the next few days is destined to be of major importance to you. Mars in your signs means you will outshine rivals and make a name for yourself.

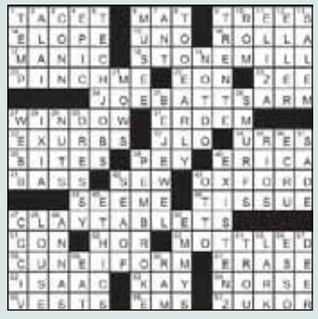
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. "__ __ a gun!"
6. Inventor Mr. Whitney
9. Coffee preference
14. Fantasy novelist Ms. Canavan
15. "__ Dieu!"
16. Rice-_-__
17. Wedded bliss event, briefly
18. What outstanding movies generate: 2 wds.
20. Notion
22. 'Honor' suffix
23. "The __" (CBC series about a First Nations community)
24. General Motors of Canada vehicle assembled in Oshawa, ON: __ Impala
27. Prickly
31. Caravansary
32. "Begone!"
35. Dolphin-riding Greek poet
36. Orange ball org.
37. Clipped
38. Swiss chocolate brand
39. Cafeteria crumb
40. High: French
41. Wise mentors
42. Arctic explorer John
43. Fire-starting felony
44. John Mellencamp's "Get _ __ Up"
45. Senators city, briefly
46. Add on
47. Amanda Marshall hit: 2 wds.
50. Volkswagen convertible model
52. "Scalpel..." settings, shortly
53. To the skies
58. Southern Ontario: Municipality of South Bruce village
61. Former police officer
62. Pageant winner's prize
63. Friend: French
64. 1st Greek letter
65. "__ __ favour, say 'Aye'."
66. 1960s brother of a Pres.
67. Fix the road this way

Down
1. Disconnected, in music [abbr.]
2. Yes __ __ question
3. Trevor __ (Tony-winning Cats director)
4. Of a lyric poem
5. Canada's beaver coin amount: 2 wds.
6. Be a ham on stage
7. Rock's __ Lonely Boys
8. In the flesh
9. Ms. Hannah
10. Tarzan creator's monogram
11. Order! Halifax __ __, a National Historic Site of Canada
12. LA Kings player Mr. Kopitar
13. Soda sound
19. "East of Eden" (1955) brother
21. Smart letters
25. Singing technique
26. F's music equivalent, _ __
27. Lightweight wood
28. Font style
29. Arctic animal known as 'Nattiq' to the Inuit: 2 wds.
30. Spanish corner store
33. Joe __, What the Butler Saw! playwright
34. Make hair stand __ __
36. Montreal-born Marvel Comics superhero aka Jean-Paul Beaubier
37. Some undergarments
45. Cajun cooking ingredient
46. Slitherer
48. Ottawa-born actress Kelly
49. Russian monarchy founder
50. Vintage comic, __ Kett
51. Eye: French
54. Wheel shaft
55. Sales slip, shortly
56. Capital of Qatar
57. Tussle
59. __ Lanka
60. "Unbelievable" group

Friday's Crossword

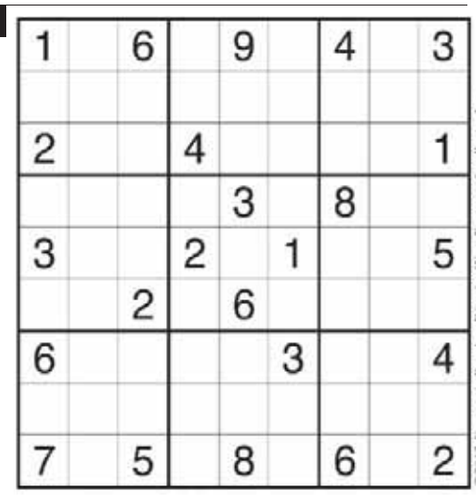


Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



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Friday's Sudoku

7	3	4	2	1	6	5	9	8
9	1	6	5	8	4	2	7	3
8	2	5	9	7	3	6	1	4
5	9	8	3	4	7	1	2	6
1	4	2	8	6	5	9	3	7
3	6	7	1	2	9	8	4	5
6	8	9	4	3	2	7	5	1
2	7	3	6	5	1	4	8	9
4	5	1	7	9	8	3	6	2

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